



New Albany-Floyd County Department of Parks & Recreation 2008 Fall Recreation Guide

VISIT OUR WEB PAGE <http://nafcparks.org>



NEW MAIN OFFICE AT SISC □ 620 PARK EAST BLVD. □ 812-948-5360

Registration: Monday, Sept. 22 - Friday, Sept. 26 □ 8:30 a.m.–4:00 p.m.

- Register at the main office. Pre-registration is required for all classes/events unless otherwise noted.
- Refunds will not be issued unless notice is given two weeks prior to the beginning of class.
- Class sizes vary, if minimums are not met classes will be cancelled. Fees will not be adjusted for classes missed.
- The NA-FC Parks Department is not responsible for any loss/injuries while participating in our activities.
- A \$5.00 refund processing fee will be assessed for all customer cancellations.

Statement of Accessibility - The New Albany – Floyd County Parks and Recreation Department encourages participation by everyone! If you or a family member have special needs and would like to participate in a program or use a facility, we will be happy to make reasonable accommodations to meet your needs. Please indicate on the registration form if any accommodations are needed for successful inclusion into a program or service in accordance with the Americans with Disabilities Act.



SPECIAL PROGRAMS



SISC BASKETBALL CAMP

This fun camp is for boys and girls. All skill levels are welcome. Our camp recognizes that all players have a role, therefore we will focus on passing, footwork, agility, rebounding and offensive and defensive positioning. October 5 & 12. 5th-8th Grade. 5-7PM. \$25 per student. Pre-registration is required.



SISC VOLLEYBALL CAMP

This will be a fun and informative camp that is designed for all skill levels. We will be focusing on offensive and defensive positioning, footwork, passing, setting, serving and attacking. Oct. 26 & Nov. 2nd. 5th-8th Grades. 5-7 PM. \$25 per student for 2 day camp. Pre-registration is required.

FAST 5K HARVEST RACE - SATURDAY, OCTOBER 11

Southern Indiana Sports Center, 620 Park East Boulevard, New Albany, IN. Start time 9:00 a.m. for female runners, male runners and ALL walkers to follow shortly after. Entry Fee: \$10.00 per person, with proceeds going to NA/FC Parks and Recreation. Registration: to pre register download form at www.nafcparks.org. Day of registration will be accepted 7:30 a.m. - 8:30 a.m. Plaques to top three overall male and female finishers. Medallions to top 100 finishers*. Door prizes. *Number each sex/division determined by registration number. For more information call NA/FC Parks Department at 812.981-7472 or go to www.nafcparks.org.

YOUTH BASKETBALL LEAGUE [NEW PROGRAM!!]

This will be a fundamentals/training league. Parks Department employees or coaches may stop the games at times for instruction. Adult referees and scorekeeper will be provided. We will be asking for adult volunteers to help coach teams. All participants will play half the game no matter their skill level. This league is for boys and girls – grades 4 thru 8. Cost is \$30 per child. Registration/tryout – Saturday Oct. 4 & 11 5pm – 7pm. Games will be played at SISC on Saturday from 4pm – 7pm. League includes 8 games that will begin on Oct. 19 and end on Dec. 7. Each child will receive a t-shirt for participation. The Parks Department will place participants on teams after tryout date. We will make every effort to make all teams as evenly matched as possible. Teams will be a max of 10.

WINTER BOUNCELAND - FAMILY FUN FESTIVAL

Saturday December 20 - 1:00-5:00 PM at the Southern Indiana Sports Center

Come on over and have some fun for the holidays with the whole family.

Great place for Dad to bring kids while Mom finishes that last minute shopping!

Activities include: Inflatables, bouncers, slides, games, special guests and prizes. Cost is \$5.

HALLOWEEN PARTIES

Thursday, October 30

12:30pm - Elrod Towers (Senior Center)
1:30pm - Riverview Towers (Senior Center)
4:15pm - Youth Parties at Riverside, Beechwood,
Parkview and Griffin Recreation Centers

CROSS COUNTRY INVITATIONAL

Monday, November 3

Sam Peden Community Park at 4 PM

This annual event is open to All Floyd County elementary schools.

MOM & ME PLAYTIME

Mom's stop by with your preschoolers for some self-guided indoor fun from 10:00 am–noon Mon., Wed. and Fri. starting in October at SISC.



GYMNASTICS

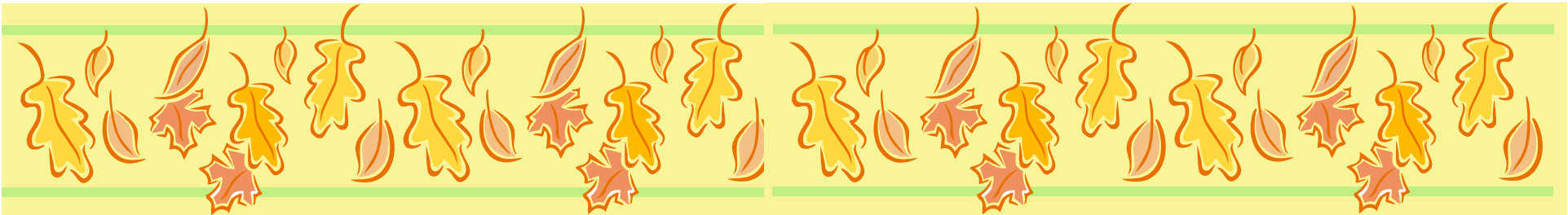
Gymnastics - Boys and girls can learn the basics in our multi-level gymnastic program. Classes will be held at Ekin Avenue Center. All classes last forty-five minutes. Tiny tots classes are thirty minutes. Class fee is \$34.00.

Mondays:				Tuesdays:			
September 29 & October 6, 13, 20				September 30 & October 7, 14, 21			
November 3, 10, 17, 24 & December 1, 8				November 4, 11, 18, 25 & December 2, 9			
5:00 p.m.	Beginner	or	Beg/Int.	5:00 p.m.	Beginner	or	Intermediate
6:00 p.m.	Beg/Int.	or	Intermediate	6:00 p.m.	Beg/Int.	or	Beginner
7:00 p.m.	Adv/Elite	or	Intermediate	7:00 p.m.	Beg/Int.	or	Intermediate

Saturdays:
September 27 & October 4, 18, 25
November 8, 15, 22, 29 & December 6, 13

9:30 a.m.	Beginner	or	Tiny Tots
10:30 a.m.	Beg/Int.	or	Intermediate

Tiny Tot: 3 year olds only.
Beginner: 4 & 5 year olds who have not previously had gymnastics.
Beg/Int: 6 years and up who have not had gym, or for 4 & 5 year olds who have had the beg. class twice.
Intermediate: Working on cartwheels, round-offs, backbends, & back rolls.
Advanced: Working on front and back walkovers and back handsprings.
Elite: By invitation only.



YOUTH SPORTS

Golf Camp (ages 7 -13) -Learn the basis of golf or sharpen your game in this 3 day group session. Dates are Oct. 14, 15 & 16 from 4:00pm – 5:00pm at Cherry Valley Golf Course. Cost is \$18.

Get Movin’Youth - Youth will have the opportunity to set goals with a personal trainer. Youth will work on coordination, weight training, aerobic exercise and stamina. Weight loss and nutrition will be addressed throughout the program. Classes held at the SISC. Wednesdays, October 1, 8, 15, 22, 29, November 5, 12 & 19 from 4:15-5:15 p.m. Cost is \$40.

Free Tennis Camp (supported by general Mills Foundation) - Come out and play every Tuesday afternoon in October. This skills class will allow participants to run, jump and stretch their way to better fitness. Youth ages 8 – 13 must bring a can of tennis balls and racquet. Instructor - Adam Peden. October 7, 14, 21 & 28 from 4:30–6:00 p.m. at Community Park. This camp is Free (preregistration required by calling 948-5360).

Kid’s Fishing Lesson - Kids should learn to fish properly. Bring your own pole if you have one and we will provide the bait for this early morning fishing event. Boys and girls are encouraged to wear sunscreen and a hat. Pre- registration is required and limited to 15 youth. Event will be held Saturday, October 18 from 9:00–11:00am at Community Park Lake (shelter #1). Event will cost \$5.

Weekend Karate (ages 6 – 11) - Become a member of this new martial arts training class. Students will develop beginning self defense moves, self discipline and respect for others. Saturday, October 18, 25, Nov. 1 & 8 from 10:00–11:00 a.m. at Ekin Avenue Recreation Center. Cost is \$20.

HOMEWORK HELP (AGES 9-11)

Need a little help with math or science homework? Call the recreation office at 948-5361 and schedule a 30 minute session with a tutor. Additional volunteers with math background are needed. Begins October 1 runs thru December 12. Time: Slots available 4:00–6:30 p.m. on Thursday afternoons at Ekin Avenue Recreation Center. Cost is \$ 1 per session.

RECREATION CENTERS

Community recreation sites provide safe, supervised activities for elementary school age boys and girls throughout the fall/winter. Weekly programs include arts & crafts, drama, life skills training & shape up classes. The program is free and open to youth ages 5-12. Recreation centers are open Mon.-Fri. from 3:30-6:00 p.m. September 22 thru December 12.

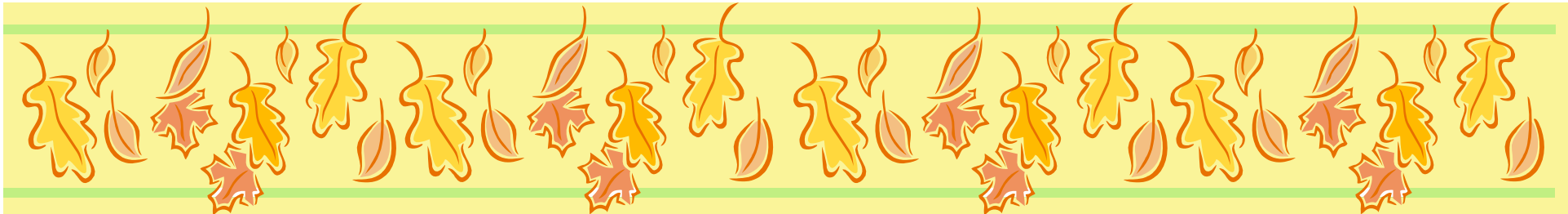
Beechwood Center	210 Kelly Dr.	Griffin Street Center	1140 Griffin St.
Parkview Center	300 Erni Ave.	Riverside Center	55 Riverside Dr.

TEEN OPPORTUNITIES

Hang Time - This is a FREE informal program that offers teenagers a safe place to hang out. Facilities will be open nightly for social interaction including music, sports and table games. This activity is continuous and teens 13-18 can join anytime. Begins October 6 from 6:00-9:00 p.m. Program held Mondays and Wednesdays at Griffin Recreation Center & Tuesdays and Thursdays at Parkview Recreation Center.

“Listen Up” - Challenging youth to speak up, to listen and learn from the life experiences of others is the aim of this new youth initiative. Thru the efforts of the professional parks and recreation staff, we will provide a quarterly social setting to support individual expressions among teenage youth. This can be accomplished thru: Creative Art Projects, Physical Activity , Meaningful Participation among Peers and Goal Setting/Teaching Decision Making Skills. Each “Listen Up” event will focus on positive group interaction. Join us November 7 at 6 PM at SISC. This event is supported in part thru a grant with the New Albany Rotary Club.

Jr/Sr Recreational Basketball League (ages 13-17) - League play open to the teens that DO NOT play on local school basketball teams. Games will be structured to encourage challenging competition and good sportsmanship. Volunteer coaches are needed. Saturdays, November 1, 8, 15 & 29 from 10:00 a.m.-1:00 p.m. Games played at Griffin Recreation Center. Cost is \$5 per participant.



ADULT TRAVEL

Scenic tour of French Lick - Tuesday, October 14 - 9:30 a.m. - \$12.00 transportation fee. Trip is for adults only. Fees must be paid in advance. The trip will depart and return to Ekin Ave. Lunch and other costs are not included.

ADULT EXERCISE & LEAGUES

Free Walking Club - Southern Indiana Sports Center - Monday-Friday 6:00-10:00 a.m.

Yoga for Beginners - This introductory class offers beginners a chance to check out a yoga class. Learn some basic yoga moves along with breating techniques and relaxation. Classes held at Griffin Recreation Center. Mondays, October 6, 13, 20 & 27 from 9:00-10:00 a.m. The cost is \$20.

Building Core Strength - This class will improve the muscles that support your frame. It will improve your posture and strengthen weak abs. You will stand taller and enjoy the feel of having a strong core. Arms and legs will also be addressed during this workout. Classes held at Griffin Recreation Center. Mondays, October 13, 20, 27 & November 10 from 5:30-6:30 p.m. The cost is \$25.

SISC Exercise Room - Monday-Friday 6 a.m. to 6 p.m. - *Annual pass includes open gym time weekdays and weekends.

Daily	\$5
10 Visit Exercise Pass*	\$40
Annual Rate	\$250 (first group member) Additional Group members \$50 (up to 4)

Weekend open gym – Stop by for volleyball and basketball court time available from Noon to 4:00 p.m. Saturdays and Sundays starting in October through the end of the year. \$4 per person. Note: some Saturdays may not be available for open gyms, please check www.siscvball.com or call ahead for info.

Water exercise - Classes are running September through Thursday, December 18. The cost is \$42 for a ten visit pass. The pass can be used for any ten classes.

Tuesday & Thursday	6:00 p.m. or 7:00 p.m.	Scribner Middle School
Monday & Wednesday	6:00 p.m. or 7:00 p.m.	Highland Hills Middle School

Fall Volleyball Leagues - League fee is \$200 per team which includes 8 games and a tournament. We will offer co-ed “C” and “C+” leagues on Monday and Wednesday nights. We will offer Men’s “C” and Women’s “B/C” on Tuesday nights, played at SISC. Leagues will begin the week of October 13. The deadline to register is Oct 6.

Fall Dodgeball Leagues - League fee is \$200 per team which includes 8 games and a tournament. We will offer Co-ed and Men’s leagues on Thursday nights, played at SISC. Leagues will begin the week of October 13. The deadline to register is October 6.

Fall Basketball Leagues - League fee is \$300 per team which includes 8 games and a tournament. We will offer a Men’s rec league on Sunday nights and a Men’s competitive league on Thursday nights, played at SISC. Leagues will begin the week of October 13. The deadline to register is October 6.

For more information and an application please call Athletic Director Brent Harrison at the Southern Indiana Sports Center at 981-7472 or visit our website at www.nafcparks.org.

ADULTS WITH DISABILITIES

SPECIAL FRIENDS CLUB - “Together we are making a difference,” is the motto of our Special Friends Club. Adult citizens with disabilities participate year-round in a variety of social and recreational activities. Membership is free. Below you will see our upcoming Special Friends Schedule. Call the office for more information.

Thursday, September 18 - Disc Golf Outing at Garry Cavan Park from 4:00-6:00 p.m.

Thursday, September 25 - Advanced Cooking Class at Ekin Center from 4:00-6:00 p.m.

A BETTER ME - An afternoon fitness program for adults with disabilities. Call 948-5361 to register.

Wednesday, Sept. 17 - Hoola -Hoop Fitness at 1:00pm at Griffin Center

Wednesday, Sept. 24 - Tennis Ball Fitness at 1:00pm at Griffin Center

Wednesday, October 1 - Corn Maze Walking Adventure at 1:00 p.m. at Huber’s Farm

Wednesday, October 8 - Walking For Health / Kickball at 1:00 p.m. at Galena Lamb Park

Wednesday, October 15 - Scavenger Hunt Walk at 1:00 p.m. at Community Park

Wednesday, October 22 - Frisbee Hunt walk at 1:00 p.m. at Garry Cavan Park

Wednesday, October 29 - Golf at 1:00 p.m. at Cherry Valley Golf Course

RENTAL FACILITIES

SOUTHERN INDIANA SPORTS CENTER - 620 PARK EAST BLVD., NEW ALBANY

Come see the Parks Department’s new facility. The Southern Indiana Sports Center offers many fun and exciting sports opportunities. Stop by and get involved! RENTAL SPACE IS AVAILABLE. Private groups, practices and parties \$30/hour (minimum 2 hours). Private lesson rental space \$20/hour (during normal operating hours). Home school P.E. space available on Tuesdays and Thursdays from 10 a.m. – 12:00 noon. Please call 981-7472 for information.

GRIFFIN STREET RECREATION CENTER - 1140 GRIFFIN STREET

Come in and check out our newly renovated gym at Griffin Street Recreation Center. It’s a great place for receptions, birthday parties, meetings and sports practices. Hourly and monthly rates are available. Call 948-5360 for more details.

EKIN AVENUE RECREATION CENTER - 1721 EKIN AVENUE

Ekin Avenue Recreation Center has rooms available for rental for community, cultural and social activities. Hourly rental rate is \$35. Call 948-5360 for more details.

SHELTER RENTALS

Outdoor shelters are available April 15 - October 31. The rental cost of a shelter is \$45 per day. There are no refunds, due to inclement weather. Shelters must be reserved 3 working days in advance. Picnic kits are available for a \$25 deposit.



CONTACT INFORMATION FOR YOUTH SPORTS

* The NAFC Parks Department does not run the following programs. We list the contacts for your convenience.

New Albany Youth Baseball	Kevin Ricketts	552-0641	www.nayb.net/
Highlander Youth Little League	Tony Jenkins	923-7054	www.hyrball.com
New Albany Youth Football	Brian Collins	944-8441	
Floyd Knobs Community Baseball	Chris Engle	923-5453	
Swimming – Riverside Aquatics	Kathy Collings	945-9704	www.riversideaquaticclub.com
Southern Indiana United Soccer	Jim Kotowski		www.siusoccer.com
Union Volleyball	Ed Smallwood	502-821-9403	
Sum Team Basketball	Jamie Voss	jtvoss@sumteam.com	www.sumteam.com

SPONSORS

Aebersold Florist
Maid to Cater
Ace Hardware
KSS
Kaiser Wholesale
Retailer Supply
Norton & Associates

Mike’s Tire Service
Richardson Imaging
New Albany Lions Club
Gohmann Asphalt
Caesars Foundation
Fred Geswein
Rick Fox

TOPS
Sampan Screen Print
Sellersburg Stone
Ruth Braeutigam Trust

